

Yellow=OffRoad Please send corrections to Carlos Duque: cduquenot@gmail.com			
TURN	From previous	DESCRIPTION	TOTAL
		Golden Gate Visitor parking Lot	0
L	2.2	West side across bridge, and bike path	2.2
L	0.2	Uphill at Conzelman	2.4
L	1.2	Stay on Conzelman @ McCullough	3.6
	0.68	Start steep down hill (carefull here)	4.28
R	1.72	At intersection	6
R	0.1	Just a few yards at new Intersection	6.1
L	0.67	At Y intersection (and keep going towards the left)	6.77
R	0.23	Miwok Tail head (Fire road starts)	7
R	0.5	Bobcat Trail	7.5
L	0.02	Stay on Bobcat	7.52
L	2.14	keep left stay on Bobcat Trail	9.66
R	0.77	Marinchello Rd Downhill (control your speed)	10.43
R	1.47	Parking lot	11.9
L	0.05	Tennessee Valley Rd (Paved road)	11.95
STRAIGHT	0.05	Go around Gate	12
R	0.65	Tennessee Valley trail (Gravel starts)	12.65
R	0.57	Coastal Trail (very steep hill)	13.22
R	0.69	Name Changes Coastal Fire Rd	13.91
STRAIGHT	0.33	Coyote Ridge Trail (Stay on Coastal trail it goes down towards Muir Beach)	14.24
STRAIGHT	1.42	Stay on Coastal Fire Rd	15.66
R	0.07	At intersection (Official sign/map in a pole, was removed?)	15.73
R	0.25	End of Trail, Paved road starts	15.98
L	0.1	Shoreline Hwy (Pelican Inn at corner)	16.08
R	0.22	Muir Woods Rd	16.3
L	1.9	Deer Park Fire Rd. (Trail) Loooong and steep!	18.2
R	2.48	Coastal Trail	20.68
STRAIGHT	0.41	Coastal Trail (Fire road ends)	21.09
STRAIGHT	0.25	Pan Toll Ranger Station (Water, Restrooms)	21.34
S	0.02	Pan Toll Rd. (Cross Panoramic Hwy)	21.36
R	1.2	E Ridgecrest Blvd.	22.56
L	0.41	Rock Spring Lagunitas Rd (Gate paralell to road then the the fire road on the left)	22.97
STRAIGHT	1.57	Lagoon trail (Stay on Rock Spring Lagunitas Rd. Steep descent, walk if not comfortable with loose ground)	24.54
STRAIGHT	0.75	Rocky Ridge (Stay on Rock Spring Lagunitas Rd)	25.29
R	0.95	Fock Springs Lagunitas Rd (You are at Lake Lagunitas)	26.24
R	0.97	Lakeview Rd.	27.21
L	1.63	Eldridge Grade	28.84
L	1.47	At the "T" take the left	30.31
R	0.58	Take Right, at intersecion trail goes downhill (NOTE: There is a water fountain across from the entrance to this turn, look for a fire hydrant type fixture and the fountain is attached. Last chance for water for next 25 miles)	30.89
L	0.88	Shaver Grade (Main trail towards Five Corners)	31.77
L	0.96	Concrete Pipe Rd (Five Corners intersection)	32.73
L	1.36	Fairfax Bolinas Rd. (Fire road ends)	34.09

Bolinas Ridge Mixed Terrain

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TURN	From previous	DESCRIPTION	TOTAL
R	2.32	Pine Mtn. Trail Head	36.41
R	4.16	Alpine Damm	40.57
R	2.7	West. Ridgecrest Blvd.	43.27
R	0.01	Bolinas Ridge trail (almost immediately after the intersection. Cattle grate right before the trail head)	43.28
STRAIGHT	3.39	McCurdy Trail	46.67
L	1.58	Randall Trail (Down towards Hwy 1)	48.25
STRAIGHT	1.7	Hwy 1 (AKA, Shoreline Hwy)	49.95
R	5.5	Sir Francis Drake (@ Olema)	55.45
R	1.83	Cross Marin Bike Trail (right before end of the downhill)	57.28
STRAIGHT	3.3	Main paved trail goes to the left. Do not turn, Go Straight	60.58
STRAIGHT	0.14	Gate pavement ends. Continue on fire road	60.72
STRAIGHT	0.6	Fire Road goes over SFD	61.32
L	1.47	Sir Francis Drake (Inkwells Bridge)	62.79
STRAIGHT	3	Nicasio Valley Rd.	65.79
R	5	Claus Drive (Downtown Fairfax)	70.79
L	0.1	Broadway	70.89
STRAIGHT	0.25	Center, name change at Pacheco	71.14
R	0.01	Pastori. (small side street)	71.15
L	0.35	Lansdale	71.5
L	0.31	San Anselmo Ave.	71.81
Bear Left	0.09	San Anselmo, intersect w / Scenic.	71.9
STRAIGHT	0.16	San Anselmo, intersect w / Redwood,	72.06
L	0.29	San Anselmo, intersect w / Hazelton	72.35
R	0.56	San Anselmo	72.91
R	0.04	Bolinas Ave.	72.95
L	0.53	Shady Lane	73.48
L	0.09	Lagunitas Rd.	73.57
R	0.34	Ross Commons	73.91
STRAIGHT	0.55	Kent, name change at Kentfield	74.46
Bear Right	1.49	Magnolia, int. w / Woodland (College of Marin-on left)	75.95
STRAIGHT	0.67	Magnolia, x-street is King St	76.62
STRAIGHT	1	Corte Madera Ave, x-street is Redwood, begin ascent	77.62
STRAIGHT	1.31	Camino Alto, changes name at hill summit	78.93
L	0.1	East Blithedale Rd,	79.03
R	2.38	bike path, right turn at curb or a nearest curb cut	81.41
R	0	Gate 6 Road (at path end)	81.41
L	2.38	Bridgeway(Southbound lanes)	83.79
R	0.04	Richardson,	83.83
L	1.48	2nd, (really, follow the road with the centerline)	85.31
STRAIGHT	0	Sausalito Lateral, (name change at city limit)	85.31
	0		85.31
DAYTIME ROUTE	0		85.31
	0		85.31
STRAIGHT	0.04	101 Freeway undercrossing, thru tunnel NARROW	85.35
R	0	Conzelman, up short, steep hill	85.35
L	2.1	Parking Area, enter West GG Bridge Bike Path	87.45

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